



ZUMBA[®]

gold

With
Tina

NOW at

Jus' Dance

7pm - Thursday Nights

Zumba Gold[®] is Lower Impact

Great for beginners and mature age participants

So whether you are new to Zumba[®] or just prefer to keep it on the lighter side
Come and give Tina's Zumba Gold[®] class a try... I'm sure you'll have heaps of FUN!!

Jus' Dance Studio — 1984 Albany Hwy, Maddington / ph: Jenny—0413 430 721



Tina's - Zumba Training

Zumba[®] Basics—Level 1

Zumba[®] Basics—Level 2

Zumba Gold[®]

Zumba Toning[®]

ZumbAtomic[®]

<http://www.zumba.com/80362>

